



INDICATOR: Personal Growth

Threshold: A raw score of 3 or below identifies poor personal growth.

Specific indicators:

- Uninterested in psychological/spiritual growth.
- Uninterested in self-help groups.
- Inability to read/comprehend.

Interventions:

- Refer to faith-based support groups.
- Refer to 12-Step programs.
- Use internet resources.
- Provide written materials/self-help material.

Does the patient present with:

- low motivation for change?
- interest in/awareness of personal growth?
- interest in community supports?



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